



Art as MS Therapy & more!

We know how important research is to you, so this month we're bringing you highlights from the 2024 iConquerMS Summit. Explore how the arts uplift people with MS, and more!



NEWSLETTER **SNAPSHOT**

Not enough time to read an entire newsletter? Our January newsletter snapshot contains the highlights in a quick, easy to read format.

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The 2024 iConquerMS Summit spurred dynamic discussions that will lead to new initiatives in 2025!

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Looking for ways to manage stress and improve your MS symptoms? Try painting – it might be just what you need!

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Your support fuels ACP events like the iConquerMS Summit, advancing health and quality of life for the MS community.

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Did you know the **Our Questions Have Power** program lets you shape the future of MS research?

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Participate in a clinical trial evaluating a new immune cell therapy for MS, or a survey exploring MS and anxiety.

[Read more...](#)

Our newsletter is written with our readers in mind. Please [let us know](#) if there are topics you would like to learn more about. We'll keep them in mind for future issues!